

# Tips & Tricks

K and G

## How to make the /k/ and /g/ sounds

Both of these back sounds are made by sticking the back of the tongue toward the top back of the mouth. The tongue tip is placed behind the bottom front teeth. The sound is made in the back of the throat. The /k/ sound is a quiet sound (voice is off) and the /g/ sound is a noisy sound (voice is on).

## Stuck getting started?

The /k/ and /g/ sounds can be really tricky if your little one isn't stimulable (can't imitate the sound).

I usually start with exploring the back of the throat- making coughing sounds, monster sounds, gurgling sounds, all while looking up and putting our hands on our throats.

Cheerios are awesome! Students can put a cheerio between their bottom teeth and tongue tip and hold it there when producing the /k/ sound. The cheerio helps remind them not to move the tongue tip during productions!

## Minimal pairs!

Minimal pairs are pairs of words that are the same except for one sound. In articulation therapy, they use the incorrect production and the target sound and are an awesome way to increase awareness of errors and elicit correct productions. Make it a game- not a *took*, a *cook*!!

took/cook	tape/cape	tar/car
taught/caught	tore/core	tool/cool
beat/beak	wheat/weak	kit/kick
sit/sick	pet/peck	net/neck
deer/gear	date/gate	down/gown
dough/go	dust/gust	Dave/gave
bed/beg	sad/sag	mud/mug

Practicing for 5-10 minutes per day can help your child make steady progress. Find the time- in the car, at bathtime, at the supermarket! Language is everywhere!

Happy Practicing! -Ms Schue